

Stepping Stones Lunch Sessions

Lunch sessions currently cost £2.50 for 3 & 4-year-olds and £3.00 for 2-year-olds. The fee applies if your child is unable to attend i.e through sickness or holiday.

These sessions follow the policies and procedures of the group -in particular the Health and Safety Policy, Keeping Healthy Policy and Looking after our Environment Policies .

While the emphasis during this time will be on care, our everyday teaching practice is evident, for example counting cups, identifying colours and simple problem-solving activities.

Points to remember

- The children will have snack during the morning and afternoon, so a small lunch is needed (please see the example below)
- Sessions begin at the end of the playschool morning session and (for those children not attending the afternoon session) finish promptly at 12.00pm
- Payment for each session is due even if your child is unable to attend
- Each child must provide a named lunchbox which will be placed on the trolley at the start of each session
- Each lunchbox should contain a suitably frozen cooler pack (these can be purchased at playschool-please see the website for details)

In accordance with Ofsted guidelines Stepping Stones follows a healthy eating ethos. Below are a few suggestions for your child's lunchbox:

- Sandwich-cheese, ham, marmite- **NO PEANUT BUTTER OR CHOCOLATE SPREAD** please be aware that chocolate chip brioche/chocolate crepes may contain nuts
- Savoury snacks-cheese cubes, cheese biscuits, twiglets, breadsticks
- Small pot of yoghurt
- Pieces of fruit - please ensure grapes, cherry tomatoes etc are cut into quarters length ways to prevent choking. If sending citrus fruit please ensure it is peeled.
- Chocolate or sweets are not permitted
- Water will be available throughout the session and at lunchtime. Juice is not permitted during the lunch session
- Please include any prepacked food in its original packaging so staff can see the ingredients (*if staff have any doubts about the contents of food, it will be wrapped and returned with a note*)

PLEASE ENSURE ALL FOOD IS NUTFREE

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The sharing of food will not be encouraged due to dietary and medical requirements. Any food left at the end of the session will be returned to your child's lunchbox for disposal at home.

Good hygiene habits will be reinforced. The mealtime will be relaxed and informal for staff and children to come together, share news and to get to know each other better.

Children will be encouraged to brush their teeth after eating. If you would like your child to participate toothbrushes are available for £1 via the shop page of the website.